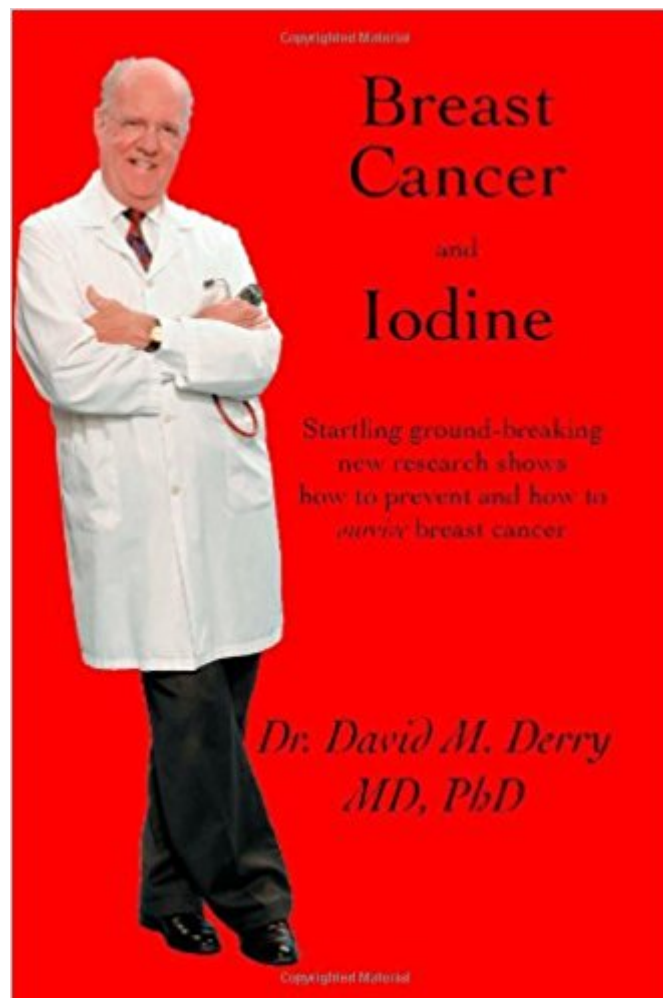




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# Breast Cancer And Iodine : How To Prevent And How To Survive Breast Cancer



## Synopsis

This book is about cause, prevention and treatment of breast cancer. Breast cancer has two phases. The first one, from abnormal cells up to carcinoma in situ reverses with iodine. The second phase, invasion, is controlled by connective tissue thyroid hormone.

## Book Information

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## Customer Reviews

I was born in Selby England in 1937 and moved to and grew up in Maracaibo Venezuela. It is there I met my present wife while she was still in utero as her mother, a nurse, was looking after me while she was pregnant with my wife. My wife and I are sometimes called oil babies. After getting my MD at University of British Columbia I went on after my internship at the Toronto General to take a PhD in biochemistry and neurochemistry at the Montreal Neurological Institute and McGill University. After finishing my training I taught pharmacology to Medical students, dentistry students and pharmacy in the Department of Pharmacology University of Toronto. I also became a Medical Research Council Scholar. Due to domestic rearrangements, I suddenly had my present wife (who had grown up with me in Venezuela) and five children under the age of eight. At our wedding the children represented the whole audience. Academic life could not financially support this. I moved back to Victoria, British Columbia to start general practice. My interest in thyroid started over 15 years ago. Also I became interested in Breast Cancer among other things about 10 years ago. I strongly feel we should have theories for medical illnesses even if they are wrong. It stimulates

researchers to test the theories and more advances can be made. Other fields of science have many competing theories such as astronomy and physics and mathematics. I feel that medicine would advance faster if there were more theories to test. Over the last 12 years I have formed a library of 5000 reprints and books on breast cancer, thyroid hormone and iodine.

Actually I bought and read this book 4 years ago just after my Thai wife, as the result of a breast tumor, or lump (bad hospital information), on only 1/3 inch, had removed both of her breasts, after being scared by Thai doctors telling her that she would die in one week if this not was done. I and an English doctor tried to tell her that this was nonsense, but she was scared. Half a year later a Thai doctor from Bangkok told her that the doctors in Chiang Mai are treating the breast cancer cases totally wrong, opposite to how they are doing in Bangkok. But now for the second time I again just finished reading this book, this time just after having read the excellent book by Lynne Farrow: *The Iodine Crisis*, 2013, in which she praises David M. Derry as being one of the 5 pro-iodine doctors which she tells about. That is the doctors who by their writings have been showing it was totally wrong that doctors during their educations since a misleading book printed in 1948, which she tells about, learned to consider the iodine as not needed and even bad to take. For some persons parts of *Breast Cancer and Iodine* can be too technical in its writing. As for example when we in connection to the Figure 2 see how a Bacteria protein molecule first by Tyrosine and then by iodine is killed by being transformed into a different molecule. And as a remark we are told that the book consist of 116 sides, but of these actually only 61 sides contains writings, and 16 sides with drawing mostly showing chemical-physical processes, and the rest of the sides containing references. But the writing is good and compact so, we are getting much information and are learning much on the *"few"* sides. In start of the book, concerning the iodine sources, we read that as iodine at some places comes from the ocean with rain then unused soils at these places can contain much iodine, while other places can be Goiter areas. And as another source in getting iodine we read that the seaweed concentrates it up to 20,000 times the ocean's concentration. As to me as the profile of Thailand, with the mountains border profile, is much looking like Eastern Europe, which during time has been known for much Goiter, and thinking that Thailand maybe have had too much harvesting, I thereby went to Google for searching about iodine in the soil in Thailand. And easily I there found cards, among other showing results from UNICEF, telling that on the worst places in Thailand pregnant woman even can be missing from 75 to 100 % iodine, as result of actual soil. And beside I found a result which showed that of 73,000 students measured, it was found that 6.5 %

having under 70 in IQ! Rather shocking information. We in the book read that Iodine is antiseptic as it easily kills the single celled organisms as the bacteria, viruses, fungi and protozoa, and therefore are used to sterilize surfaces and materials in the hospitals. And we read about the health problem when getting too little Iodine, and on the Figure 3 showing that the Goiter only is a middle position on the left line, while more missing than on the bottom ending with Follicular thyroid cancer. While the right side line shows the possibly problem in connection with pregnancy. And on the side 16 we read that during the pregnancy the Iodine in the fetal circulation is 5 times the mother's level, which shows the importance of enough Iodine being in the pregnant women. And some newly research has told us that the results are 15 IQ higher to the newborn than to the parent if the pregnant women get much Iodine. In the 2 chapters respectively concerning cancer and breast cancer the book is very helpful as for example concerning cancer explaining about the different stages in cancer and showing these in drawings. But especially the 4 cases in the breast cancer chapter I found very interesting reading and particularly the Case # 4 caught my interest. There we read a rather special telling about a lady that came to him, after she, caused by cancer of the rectum and having been through chemotherapy and radiation refused to have surgery. She then is starting on Iodine and Thyroid hormone, but a year later turned up in that now she was having a cancer on the size of a nickel and stuck to the overlying skin in one breast. Also for this cancer she by other doctors has refused surgery, so then they start using Iodine by a method so that it gets in under and around the tumor, and beside by using the special painting directly of the skin. After 3 month the tumor had disintegrated into 8 small pieces which no longer were attached to the skin. Then the painting area was increased a bit and during the following 3 years nothing changed, and as Derry writes: "The lady is alive and well today". So the Iodine worked by "exploding" and paralyzed the cancer. And in this chapter we also get some past time history which I never before have heard or read about, concerning the country with smallest Thyroids. We always learn Japan as being the country with the lowest breast cancer rate in the World, but here we read that actual until around the WWI Iceland had the record about concerning cancer and Thyroid. The Thyroid glands of the Iceland people averaged 12 grams in the females and 14 grams in males. In Google we at some places reads this as being 2 grams less than normal, at other places normal are told to be 15 to 25 grams. And as they were having these smaller Thyroids thereby they of course also had as low breast cancer cases as the Japanese, or even lower. The reason for healthy living on Iceland especially was caused by the eating of the ocean fish, and even thereby getting Iodine from these fish through the cow milk, as

the cows also got fish. But in 1960s everything had turned over so that then the breast cancer had risen to 10 times as much so it then was equal to USA. In the start I wrote that we here in Thailand are missing Iodine in the soil, but besides it has shown up that we only can get Iodine as Iodized salt, when buying it in supermarkets, as pharmacies and hospitals have nothing concerning Iodine, as I have been informed. But to this then come the biggest problem that the laws do not allow private persons to from other countries buying simple thing like vitamins or minerals; repeating, not even allowed in from another country just to buy for example 100 grams C vitamins! I learned this when I by 3 years ago ordered Progesterone. And besides the Iodine which we in Thailand are missing, we among other for example neither are having Niacinamid (one of the B3), Folic Acid (B9), K2 and K3, the K1 only exist for use in hospitals, and the Progesterone. And the daily vitamin pill, the single multi pill, the one which we during years have been using contains 0 of Iodine. And during years I have explained theses problems to hospitals and pharmacies and I have lend, bought, and copied books to doctors but still in vain. It's a god book to read either by persons whom by doctors have been told that their actual cancer problem only can be solved by surgery, or to read by person who want to learn more about the Iodine and the increased cancer.

I have never felt compelled to bother writing a review of any books before, but this little book deserves and demands it! Dr. Derry's explanation about the unique role of iodine in evolutionary biology is insightful and illuminating. Chapter One explains how and why pathogenic bacteria, viruses, fungi and mycoplasma can never ever develop resistance to iodine, which is Mother Nature's "universal antibiotic" (my words, not his). This little book is about so much more than just cancer though, IMO. It's basic principles apply to chronic illnesses of all varieties -- including autoimmunity and even chronic Lyme disease, also. I say this because a few avant-garde medical researchers are starting to demonstrate that occult, intracellular pathogens are the etiological agents of almost everything from cancer to autoimmunity. For this reason, members of my family are beginning to incorporate iodine into our family's "anti-aging" and preventive health care lifestyle. My only criticism of this book is that it lacks an index, but you can get around that minor defect and create your own index for it if you buy the electronic version of it. A friend showed me how he can create his own set of electronic "marginalia" (footnotes, highlights, etc.) by downloading this book to his I-Pad. I'm seriously considering buying a second copy of this book in electronic format because my hardcopy looks like a child's coloring book because I've highlighted so much of it. Another friend downloaded this book to her Kindle, but the book's diagrams and illustrations are too small to see easily on the 7" Kindle, so I'll probably choose an I-Pad (instead of a Kindle) just so

that I can continue studying and enjoying this little book to the fullest. It is an easy, entertaining little book to read at first glance, but it is so jam-packed with original concepts that I expect to continue discovering new-to-me ideas in it everytime I re-read it. Persons who like this book will also be interested in the research papers by Guy Abraham, MD (found on the Optimox website) and also the book "Iodine" by David Brownstein, MD available at . The classic (1957) book "Folk Medicine" by D C. Jarvis, MD deserves honorable mention also. Likewise, the "breastcancerchoices-dot-org" website and its two companion Yahoo discussion forums contain copies of the Iodine Therapy Protocol. The Iodine Protocol applies equally well to all of the above conditions (cancers, especially thyroid, BC, ovarian, uterine, prostate; also a variety of autoimmune conditions; also CFIDS, Fibromyalgia & MCS). I did not really and truly appreciate the unique role of iodine in prevention and reversal of chronic disease(s) though until I found this simple, profound and elegant little book by David Derry, MD, PhD. Dr. Derry's academic credentials are evident in the content of his subject matter, and his book is already my favorite among all of these other physicians' writings about iodine. Besides, iodine is dirt cheap, and it's been around for 200 years, so iodine enjoys a proven track record for safety and effectiveness.

In this book you will find what the vast majority of doctors don't know about iodine. For some this book will be a life saver, for others a way to better health and prevention from a variety of illnesses related to subclinical iodine deficiency. The traditional Japanese diet provides about 100 times the amount of iodine that we get in the typical American diet. Dr. Derry and other experts in the field consider our diet to be extremely deficient in iodine and greatly responsible for the statistics that shows that we have about ten times the amount of prostate cancer and three times the number of breast cancers per capita. When you read the page with all the potential benefits from iodine (from detoxification to vital organ protection) you would want to make copies for all of your loved ones.

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